



# Head Start Annual Report 2016



Centers For New Horizons

773.373.5700

[www.cnh.org](http://www.cnh.org)



## Early Learning Programs

### Centers for New Horizons 2016 Head Start Annual Report

**Name of Agency:** Centers for New Horizons

**Program Number:**

**Program Name:** Centers for New Horizons

**Address:** 4150 S King Dr., Chicago, IL 60653

**Phone Number:** 773.373.5700

**Fax Number:** 773.373.0063

**Head Start Director Name:** Christa Hamilton

**Head Start Director Email:** ChristaH@cnh.org

**Agency Web Site Address:** [www.cnh.org](http://www.cnh.org)

**Agency Type:** Social Service Agency / Non-Profit

**Agency Description:** Centers for New Horizons exist to serve and partner with community residents in an effort to bring about positive changes. Centers envision that through focus on community collaborations, a unified, well-organized community is built. Centers provides programs throughout the Bronzeville and Riverdale communities of Chicago's Southside. Centers for New Horizons partners with the Ounce of Prevention Fund to provide comprehensive Early Head Start services to children and build the communities in which they reside. The agency serves 48 Early Head Start-eligible children through this funding. Currently, we serve over 4,000 community residents on an annual basis.

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## Site Locations:

Effie O. Ellis Early Learning Center  
4301 S. Cottage Grove  
Chicago, IL 60653

Altgeld Garden Early Learning Center  
941 E 132<sup>nd</sup> Pl.  
Chicago, IL 60827

Brite New Minds Day Care Center Inc.  
112 E. 51<sup>st</sup>  
Chicago, IL 60615

## Community Areas Served:

- Grand Boulevard
- Riverdale
- Kenwood
- Washington Park

## During the 2015 - 2016 program year, Centers for New Horizons:

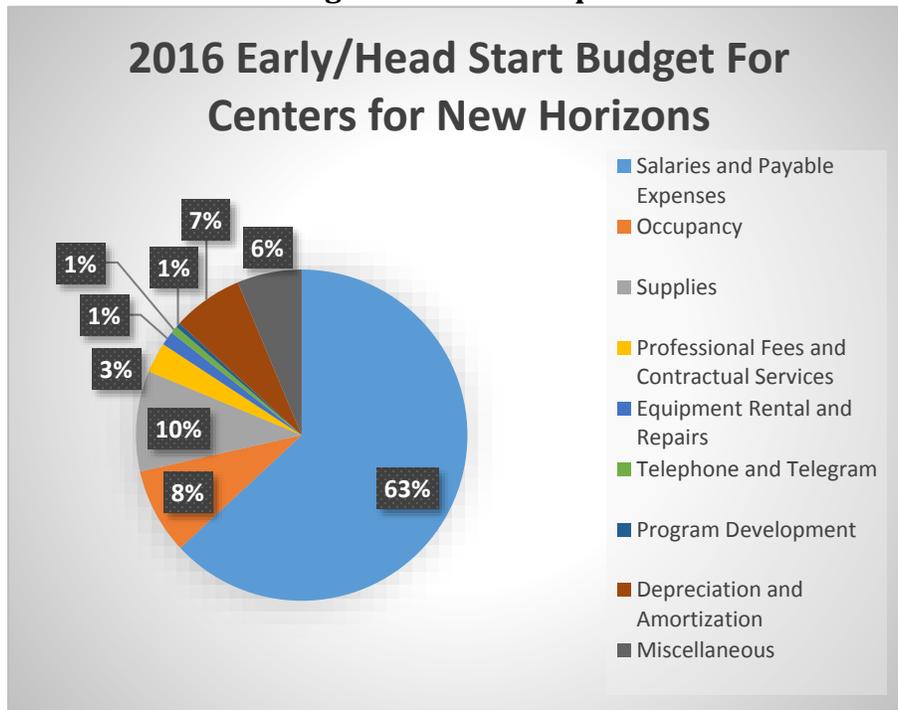
- Provided Head Start services to **244 households**
- Enrolled **258** children
- Helped **126 children (35%)** successfully **transition to Kindergarten**
- Served **7 Early Head Start** and **10 Head Start** children with **special needs** and their families
- Provided **supportive services to 244 families**
- Aided **258 children and their families** to identify a **dental home**; with **69% in EHS** and **85% in HS** receiving a **dental exam**
- Ensured **258 children** had **insurance**

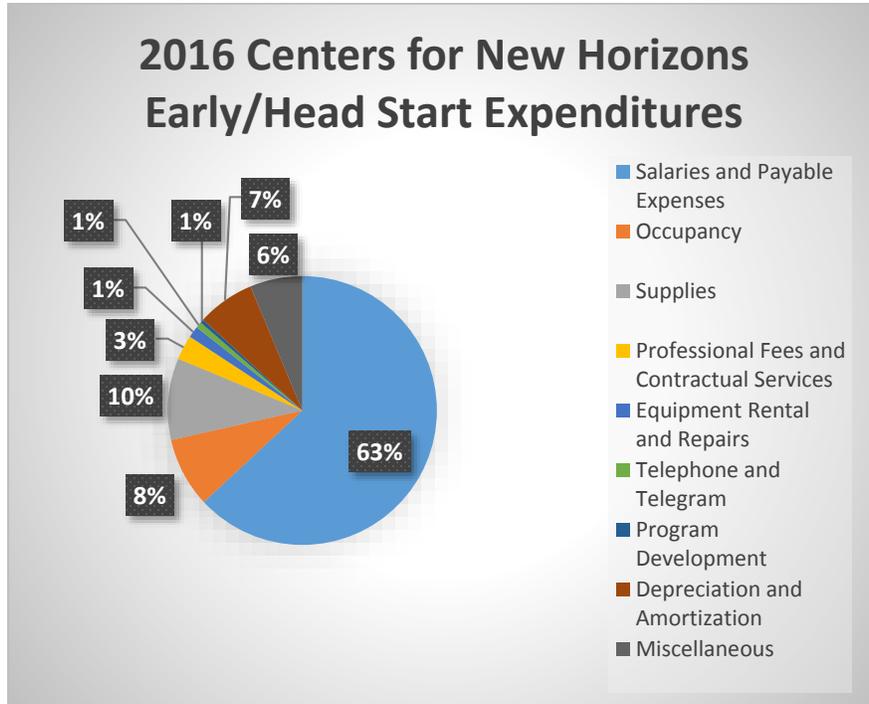
## Overall Grantee Budget 2016

**Total Public and Private Funds received: \$3,584,551**

| Public Funds |                    | Private Funds                                      |                  |
|--------------|--------------------|--|------------------|
| Source       | Amount             | Source   | Amount           |
| Federal      | \$2,466,393        | Individuals,<br>Corporations,<br>Foundations, etc. | \$137,295        |
| State        | \$943,750          | In-kind  | \$37,113         |
| <b>Total</b> | <b>\$3,410,143</b> | <b>Total</b>                                       | <b>\$174,408</b> |

### 2016 Budget and Actual Expenditures





**Children and Families Served**

**Grantee Funded Enrollment**

|                               | Head Start Enrollment | Early Head Start Enrollment |
|-------------------------------|-----------------------|-----------------------------|
| <b>Center-based Program</b>   |                       |                             |
| <b>a. 5 days per week</b>     |                       |                             |
| <b>1. Full-day enrollment</b> | 170                   | 59                          |
| <b>2. Part-day enrollment</b> | 15                    | 14                          |
| <b>b. 4 days per week</b>     |                       |                             |
| <b>1. Full-day enrollment</b> | 0                     | 0                           |
| <b>2. Part-day enrollment</b> | 0                     | 0                           |
| <b>Unallocated Slots</b>      |                       |                             |
| <b>Total:</b>                 | 185                   | 73                          |

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## Centers for New Horizons

Total Children Served: 258

Total Families Served: 244

Average monthly enrollment (as percentage of funded enrollment):

|  |       |
|--|-------|
| Number of Eligible Children in Community, ages 0-3 | 1,236 |
| Percentage of children served in agency            | 66%   |

## Health

### Percentage of enrolled children who received medical and dental exams

|  | Received Medical Exams | Received Dental Exams |
|--|------------------------|-----------------------|
|  | HS = 69.1%             | HS = 79.1 %           |
|  | EHS = 85.3%            | EHS = 68 %            |

## Parental involvement in Directly Operated, Delegate and Partner Agencies

### Parent Education Activities

**Health:** Centers for New Horizons' hosts many different parent training meetings that focus on giving the parents information and demonstrations on how to figure out the essential needs of their child's different aspects of health. Some topics that these meetings pertained to were Car Seat safety, Pedestrian safety, as well as Child Abuse training. Additionally, each month a newsletter goes out to the parents to provide health and

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nutrition education. They discuss the different ways that they can eat sensibly and proportionally in order to promote a healthy lifestyle.

**Mental Health:** Parents received a training on why mental health is important. They learned about themes related to mental health in children ages 0-5 and how mental health can affect school success. Moreover, they received a newsletter to help raise awareness about mental health. They learned how to support their child's communication skills, how to identify and express emotions and how to build trust.

**Education and Literacy:** Math and literacy continue to be the primary focus for Centers for New Horizons. However, language, cognitive, physical and social-emotional development are also very key in the children's learning process. In order to help instill math literacy, the children had a math fair in which they went to different stations and worked on various different math problems. Also, to get the parents involved, there was a "Math at Home" activity for the children to complete with their parents. They used different objects at home, such as cereal, to help them with counting and other math activities. Moreover, there are various literacy events that the teachers provide for the parents and children. A book fair is held and a book buddies program is provided. During the book buddies program, the parents can help their children choose books and then read it to them.

**Community and Social Services:** Members of the community development team reached out to some of the parents in order to inform them about what a sustainably acceptable family is. Through the use of the Illinois Science and Energy Innovation Fund, the community development team was able to provide tools and resources so that they could create a smart grid on how to help improve sustainability and to save money. Family institutions are being threatened due to high unemployment rates, poverty and death. In order to hinder that process, the community team hopes to demonstrate and show everyone what a sustainable family should look like and how they could work towards it to improve their lives as well as the lives of others.

**Other Community-related Education:** A health and wellness event was held at the Centers for New Horizons community garden. Many families came out to support and to gain knowledge on how to better their well-being. They learned the different ways that they can eat healthy and how having a healthy breakfast and dinner can increase the quality of health of everyone. They learned the importance of cooking meals at home and how it is important to have access to healthy foods.

**Parent Committee Meetings:** Once a month, each site hosts a parent committee meeting. The goals of the meetings are to engage families, to strengthen relationships and to express any needs or concerns that they have about their children. During these meetings, the parents are provided with training sessions in relationship to child development, career

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advancement, financial literature, health and nutrition and safety awareness. The end goal of the meetings are to promote leadership within the parents and to encourage them to become leaders in their households and in their communities.

**Other special gatherings or activities:** On the last Friday of every month parents gather together for the event “Pastries with Parents.” During this event the parents get to meet and interact with other parents over a tasty snack. Along with interacting with other parents, they get to talk to family support and ask any questions that they may have.

**Kindergarten Readiness:** Kindergarten Readiness activities included a focus on literacy, language, and math skills in classrooms. Each program worked with a local education advocacy group that came to each site to talk to parents in the fall about educational options in the Local Education Agency (LEA): program types, eligibility, and application process. Each teacher observed the child’s progress in learning and development and determined if they were on their way to moving up to their next stages. They also had parent meetings to inform the parents on how important attendance is and how it could really hinder their child’s learning experience.

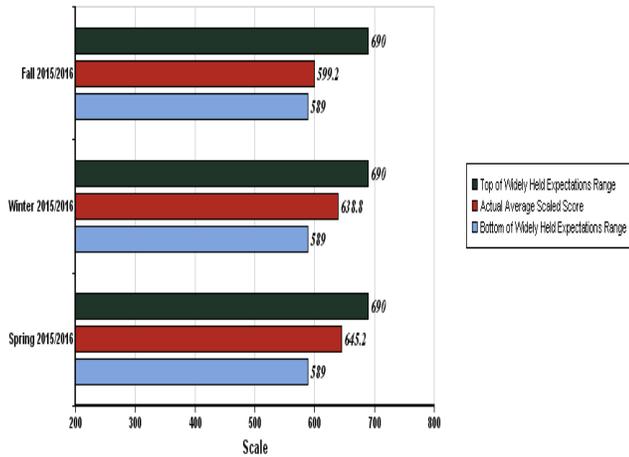
**Special Efforts to Prepare Children for Kindergarten:** Children transitioning to kindergarten are in various classrooms at each centers, and in each family support specialist caseload. These classrooms have a qualified teacher whose focus is to ensure the skills (cognitive and social-emotional) needed for kindergarten are present and acquired in the activities that the children participate in. Each child receives regular developmental assessments utilizing the Teaching Strategies GOLD assessment tool, which regularly evaluates each individual’s progression regarding academic, fine and gross motor, and social emotional growth based on expectations for their age.

Teaching Strategies GOLD is utilized throughout the City of Chicago as a respected tool to accurately analyze a child’s preparedness for entering kindergarten based on whether they are “meeting” or “exceeding” expectations for their age level. Teachers create checkpoints three times a year to review each child’s progression and utilize the information to engage parents in the child’s learning and set individual learning goals for each child based on their strengths and areas of concentration. By the Spring of 2016, all of the children in the Early Learning Programs met or exceeded expectations in Social-Emotional Development, Language Development, Cognitive Development, Literacy Knowledge Skills, and Mathematics Knowledge. The teachers will continue to have training and follow up on observations and lesson planning, in order to ensure that all of the children are where they need to be developmentally.

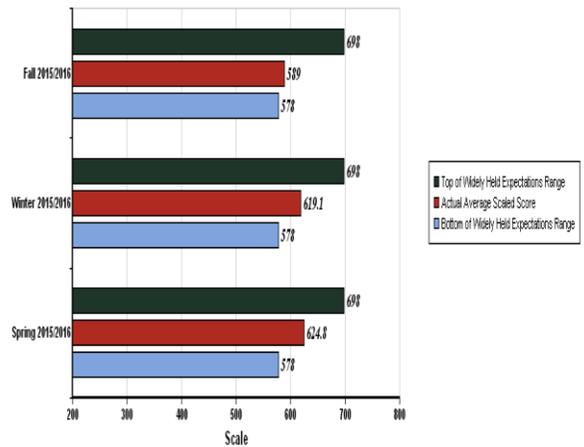
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## Centers for New Horizons Head Start Assessment Data Outcome Report Spring FY16

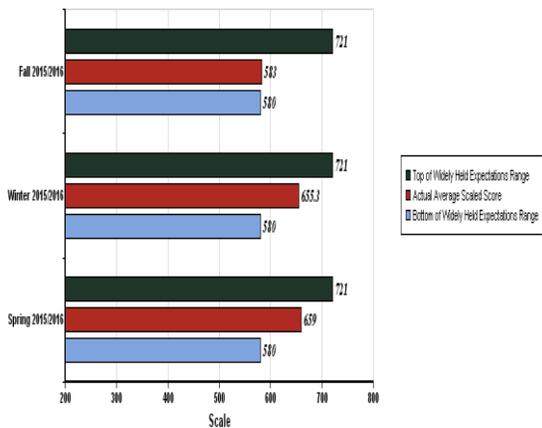
*Social-Emotional*



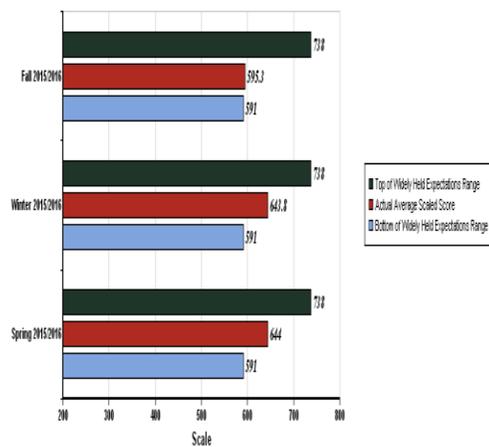
*Physical*



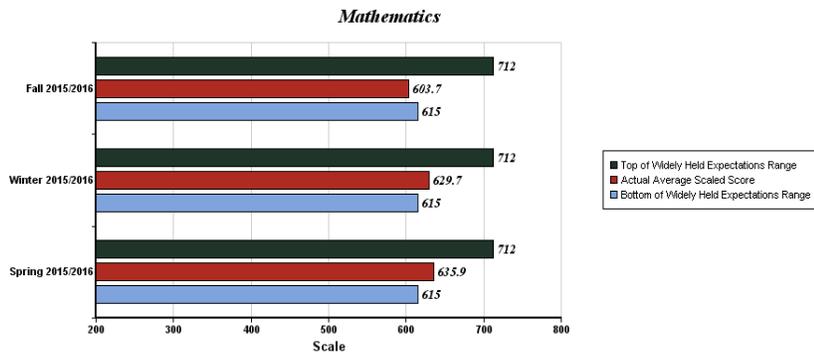
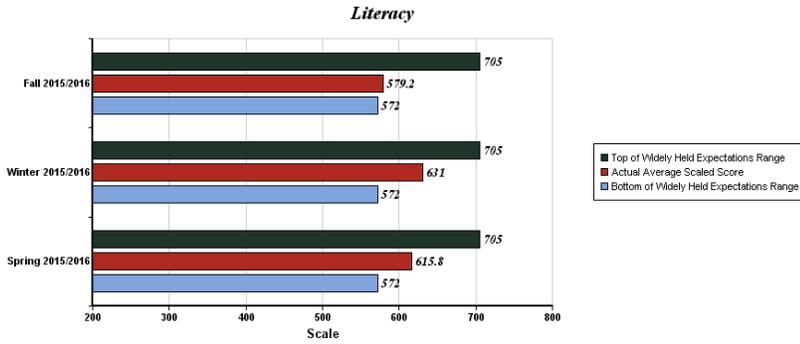
*Language*



*Cognitive*



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**Transition Activities to Promote Kindergarten Readiness:** To help the children have a smooth transition into kindergarten, the children had shadow days at different schools. During these days, the children got the chance to observe other children and their teachers. They got to see the different curriculums that they had and their day to day activities. Also, for all children, a file with their most recent screening is provided to the parents to take to their new school.

## **Summary of Triennial Review Findings**

Will be filled out by the grantee.

## **Summary of Audit Findings**

There were no financial audit findings in the grantee, partner or delegate agencies for FY2013.